

ARIZONA METROPOLITAN TRUST
Draft – Minutes of Tuesday, February 23, 2021
Annual Renewal Work Session Meeting

The following Trustees were present and a quorum was met:

Charles Montoya, Chairperson	City of Avondale	
Jeanne Blackman	Youngtown	Virtual
Crystal Dyches, Vice Chairperson	City of El Mirage	
Leo Lew	Pinal County	Virtual
Vince Lorefice	Town of Wickenburg	
Bryant Powell	City of Apache Junction	
Rob Schmitz	Sun City Fire District	Arrived at 1:30 p.m.
Matthew Williams	City of Litchfield Park	

The following Alternate Trustees were present:

Jinnett Hancock	Town of Paradise Valley	
Dawn Kurek	City of El Mirage	
Tarah Mayerhofer	Town of Wickenburg	
Lisa Neubert	Sun City Fire District	
Kathy Reyes	City of Avondale	
Liz Riley	City of Apache Junction	
Susan Slagle	City of Litchfield Park	
Jackie Temple	Buckeye Valley Fire District	
David Trimble	Town of Fountain Hills	Virtual

The following consultants/vendors were present:

Karla Anderson	Navitus	Virtual
Ann Coupland	Delta Dental	
Mike Hensley	Jones Skelton & Hochuli	
Storm Kinion	ECA, A Gallagher Company	
Rachele Martin	Blue Cross Blue Shield AZ	
Rachel McLouth	VSP	Virtual
Jayne Merlino	ECA, A Gallagher Company	
Trent Rainey	Teladoc	Virtual
Mike Schionning	Cheiron	Virtual
Kelly Schoonmaker	AmeriBen	Virtual
Jaime Schulenberg	ECA, A Gallagher Company	
Lisa Thompson	Navitus	Virtual
Courtney Stone	Curalinc	Virtual
Pam Vannoy	AmeriBen	Virtual

The following guests were present:

Lindsay Duncan
Joe Hessner
Gina Montes

City of Avondale
Buckeye Valley Fire District
City of Avondale

Call to Order

The meeting was called to order at 9:02 a.m. and began with introductions.

1. Welcome and Introductions

Jaime Schulenberg from ECA gave a brief overview of the agenda and the goals for the meeting including confirmation that Pinal County was leaving the Trust June 30, 2021.

2. 2020 Medical Claims and Medical Management Review

Kelly Schoonmaker from AmeriBen provided an executive summary of the Trust's medical claims including the Plan Performance, Network Utilization and Customer Care Performance. Ms. Schoonmaker reported the Network continues to perform well; the Plan is experiencing excellent utilization of in-network care at 92.80 % resulting in a savings of 66.48%. She also reported there have been 2,676 members tested for COVID with 219 members testing positive since March 2020.

Pam Vannoy from AmeriBen provided an executive summary of the Trust's medical management usage including pre-certification activity and case management. Ms. Vannoy reported there were a total of 118 in-patient pre-certification cases requested with medical in-patient being the most requested case type. She also reported there have been 59 case management cases opened and 56 cases closed YTD; the Plan has an accumulated CM savings of \$18,000.

3. 2020 BCBSAZ Review

Rachele Martin from BCBSAZ provided an executive summary included network savings, the value of the Blue discount and plan utilization. Ms. Martin also reviewed the last year of the multiyear renewal rate and guarantee for the next plan beginning July 1, 2021.

4. 2019 Prescription Claims Review

Lisa Thompson and Karla Anderson with Navitus provided an overview of the prescription claims through December 2020 which included an executive summary of Key Performance Metrics & Trend, Post Patent Strategy Savings, Copay Max Savings, Generic vs. Brand Utilization, Script Cost vs. Script Volume, Top 10 Drugs by Plan Paid, Top Therapeutic Categories, Average Script Cost by Volume, Specialty Prescriptions. Items of note included:

- In 2020, Specialty Rx accounted for 44.4% of Top Drugs by Plan Paid with Humira being the continued biggest driver of the specialty trend in 2020;
- Genotropin had the largest increase in Plan Paid PMPM of 132.7%;

- Immunomodulators i.e., Humira, Stelara, Enbrel accounting for 29% of the Plan Paid with the next highest driver being Antidiabetics accounting for 23% of the Plan Paid;
- Twenty-seven (27) Plan members received the COVID vaccination through pharmacy; most vaccinations are running through medical; and
- Copay Max savings less the program fee of \$385,119.

10:30 a.m. Break from Vendor Presentations

10:53 a.m. Resume Vendor Presentations

5. 2020 Dental Claims Review

Ann Coupland with Delta Dental of Arizona provided a summary of the dental claims through December 2020. Ms. Coupland also reported that the in-network usage was excellent among AzMT members.

6. 2020 Vision Claims Review

Rachel McLouth with VSP reported there would be no increase or benefit changes for the upcoming renewal. She then provided a summary of the plan design, plan performance, including in and out of network claims, and optical purchasing trends through December 2020. Ms. McLouth also reported on conditions detected during eye exams including: Hypertension, Diabetes, High Cholesterol and Diabetic Retinopathy, among others. She also reported on trending items which include Eyeconic, enhanced featured frame and blue light/anti-reflective coating.

7. 2020 Telemedicine Review

Trent Rainey with Teladoc provided a review of the demand for Teladoc during COVID; pre-COVID Teladoc reported 5-7K visits per day to an increase of over 20K per day. He also provided a summary of claims savings and utilization through December 2020. Mr. Rainey also reported on member activity and how they received care with the Teladoc App being the highest requested visit method at 58% a 7% increase over 2019. Mr. Rainey reported the number of visits/utilization from 2019 has more than doubled.

8. 2020 EAP Review

Courtney Stone from Curalinc reviewed the Trust's Employee Assistance Program through December 31, 2020, noting the core components of the program, promotions, utilization rate and engagement strategies. She also provided a comprehensive review of the Curalinc technology suite and on-the-go 24/7 access.

12:05 p.m. Lunch

1:33 p.m. Return from Lunch

9. 2020 Wellness Review

Jayne Merlino with ECA/Gallagher presented the AzMT L.I.V.E. program review covering a health snapshot of medical claims, chronic conditions, pharmacy claims, and data from the HRA's. Ms. Merlino also reviewed the wellness programs including wellness subcommittee, preventive screenings and services, Livongo for Diabetes program, and Omada for weight-loss.

10. Review of the Trust Financial Status as of December 31, 2020

Storm Kinion with ECA/Gallagher reviewed the Trust's financial performance through December 2020. The decrease from end of plan year 2019 to 2020 in Fiscal YTD Cash Position is due to continued large claims.

11. Recommended Claim Funding Rates for 2021-22 and Pricing of Benefit Change Options

Michael Schionning, AzMT's actuary from Cheiron, reviewed the rate development, proposed claim funding rates, proposed benefits changes, projection methodology and plan experience.

2:32 p.m. Break

2:47 p.m. Resume from Break

12. 2020-21 Renewal Discussion and Budget Building

Ms. Schulenberg reviewed the proposed 2021-22 budgets including recommended changes, budget assumptions and vendor renewals. The Trustees were in favor of making no benefit changes for the 2021-22 plan year.

Discussion ensued regarding the funding methodology to use, recommended, minimum or some variation and to determine if requested increases to vendor admin fees would help to decrease the overall increase. Trustees requested that ECA/Gallagher attempt to negotiate requested admin fee increases to determine impact to the funding factors and agreed to review and further discussion at the Trust meeting the following day.

13. Call to the Public

There were no comments from the public.

14. Adjourn

The meeting adjourned at 4:41 p.m.

Respectfully Submitted,
Storm Kinion
Recording Secretary