

ARIZONA METROPOLITAN TRUST
FINAL – Minutes of Tuesday, February 13, 2018
Annual Renewal Work Session Meeting

The following Trustees were present and a quorum was met:

Bryant Powell, Chairperson	City of Apache Junction
Kevin Burke	Town of Paradise Valley
Sonny Culbreth	City of Litchfield Park
Ron Deadman	Sun City Fire District
Grady Miller	Town of Fountain Hills
Trisha Sorensen	City of Maricopa
Gregory Stanley	Pinal County

The following Alternate Trustees were present:

Kathleen Haggerty	City of Maricopa
Jinnett Hancock	Town of Paradise Valley
Jernon Kelly	Town of Youngtown
Dawn Kurek	City of El Mirage
Leo Lew	Pinal County
Lisa Neubert	Sun City Fire District
Kathy Reyes	City of Avondale
Liz Riley	City of Apache Junction
Carolyn Sellmeyer	City of Litchfield Park
Ray Temple	Buckeye Valley Fire District
David Trimble	Town of Fountain Hills

The following consultants/vendors were present:

Karla Anderson	Navitus
Erin Collins	ECA
Ann Coupland	DDAZ
Mike Hensley	JS&H
Jacquelyn Ikonmov	ECA
Matt Ingersoll	AmeriBen
Elena Lacy	ECA
Ray Jennings	AHG
Paula Peacock	Curalinc
Laura Phillipson	Navitus
Mike Schionning	Cheiron
Kelly Schoonmaker	AmeriBen
Jaime Schulenberg	ECA

The following guests were present:

Patrick Camunez	Pinal County
Gina Montes	City of Avondale

1. Call to Order

The meeting was called to order at 9:00 a.m. and began with introductions.

2. Welcome and Introductions

Jaime Schulenberg from ECA gave a brief overview of the agenda and the goals for today's meeting.

3. 2017 Medical Claims Review

Kelly Schoonmaker from AmeriBen provided an executive summary of the Trust's medical claims including the Plan Performance, Network Utilization, and Customer Care Performance – noting an overall good year for claims.

Alternate Trustee Haggerty asked if there any qualitative audits on calls due to complaints that Maricopa has been experiencing where misinformation has been given to employees. Alternate Trustee Reyes also requested a timeline of how long it takes to get recordings back as she has been experiencing the same issues. Ms. Schoonmaker stated that there was a recent change in the vendor that does the recordings but that she would look further into the issues.

4. 2017 Utilization and Case Management Review

Ray Jennings from American Health Group (AHG) reviewed the inpatient and case management summary reports noting, among other things, the number of admissions and number of members in and completing case management.

5. 2017 Prescription Claims Review

Laura Phillipson and Karla Anderson with Navitus provided an overview of the prescription claims for January through December 2017 which included an executive summary of Key Performance Metrics, Plan Paid Per Member Per Month, Top 10 Drugs by Plan Paid, Top Therapeutic Categories, Average Script Cost by Volume, Specialty Prescriptions, Top Pharmacies and Saving Opportunities. Items of note included:

- Membership is increasing so it looks like the utilization is decreasing;
- Harvoni is causing an increase in the specialty medication; however, it is an 8 to 12-week course and after that, the member is unlikely to receive it again;
- There are 9 members on Humalog; Navitus suggested moving those members to Novolog, a preferred medication, which would result in overall savings related to rebates; and
- Navitus will re-send the Costco flyer that includes step-by-step instructions for registration.

There was a lengthy discussion regarding opioid medications.

6. 2017 Dental Claims Review

Ann Coupland with Delta Dental of Arizona provided a summary of the dental claims for January through December 2017.

7. 2017 EAP Review

Paula Peacock from Curalinc reviewed the Trust's employee assistance program for July 01 through December 31, 2017, noting the core components of the program, promotions, participation and recommendations.

8. 2017 Wellness Review

Jacquelyn Ikonov with ECA presented the AzMT L.I.V.E. program review covering wellness goals, data from the HRA's and medical claims, 2016-17 wellness events and FitBit utilization.

9. 2017 ECA Review

Ms. Schulenberg presented an overview of the services ECA provides to AzMT, as well as accomplishments over the past year.

10. Legal Update

Michael Hensley, the Trust's attorney from Jones, Skelton & Hochuli, provided an update on current legal issues and trends.

11. Review of the Trust Financial Status as of December 31, 2017

Elena Lacy with ECA reviewed the Trust's financial performance from January through December 2017. She reported that overall the Trust is doing well financially.

12. Recommended Claim Funding Rates for 2018-19 and Pricing of Benefit Change Options

Michael Schionning, AzMT's actuary from Cheiron, reviewed the rate development, proposed claim funding rates, proposed benefits changes, alternative claims funding rates, projection methodology and plan experience.

A lengthy discussion ensued regarding the required addition of Mayo to the network and what cost strategies should be implemented to handle anticipated utilization.

13. 2017-18 Renewal Discussion and Budget Building

Ms. Schulenberg reviewed the proposed 2018-19 budget going over the recommended changes, budget assumptions and vendor renewals. The group discussed utilizing an alternative funding adjustment that assumes 7.5% of members would shift care to Mayo; that resulted in an overall increase of just under 3% across the board.

14. Call to the Public

There were no comments from the public.

15. Adjourn

The meeting adjourned at 4:49 p.m.

Respectfully Submitted,
Elena Lacy
Recording Secretary