

ARIZONA METROPOLITAN TRUST
Final – Minutes of Tuesday, August 09, 2016
Quarterly Trust Meeting

Trustees Present:

Bryant Powell, Chairperson
Dr. Spencer A. Isom, Trustee
Grady Miller, Trustee
James Alcantar, Alternate Trustee
Sandra King, Alternate Trustee
Leo Lew, Alternate Trustee
Lisa Neubert, Alternate Trustee
Kathy Reyes, Alternate Trustee
Liz Riley, Alternate Trustee
Ray Temple, Alternate Trustee
David Trimble, Alternate Trustee

Others Present:

Justin Cook, Pinal County
Ann Coupland, Delta Dental of Arizona
Tanya Edwards, AmeriBen
John Frick, Navitus (via phone)
Dawn Hailey, City of El Mirage
Mike Hensley, Jones, Skelton & Hochuli
Elena Lacy, ECA
Laura Phillipson, Navitus (via phone)
Bibek Sandhu, Navitus (via phone)
Kelly Schoonmaker, AmeriBen
Jaime Schulenberg, ECA

1. Call to Order

The meeting was called to order at 10:02 a.m.

2. Election of Officers

Kathy Reyes, Alternate Trustee, made a motion to elect Bryant Powell as Chairperson, seconded by Trustee Isom and unanimously carried.

Kathy Reyes, Alternate Trustee, made a motion to elect David Fitzhugh as Vice Chairperson, seconded by Chairperson Powell and unanimously carried.

Ray Temple, Alternate Trustee, made a motion for ECA to remain as Recording Secretary, seconded by Trustee Miller and unanimously carried.

3. Approval of the April 26 Regular and May 05, 2016 Special Telephonic Trust Meeting Minutes

Alternate Trustee Reyes made a motion to approve the April 26, 2016 Regular and May 05, 2016 Special Telephonic meeting minutes, seconded by Alternate Trustee Temple and unanimously carried.

4. Discussion and Possible Action re March through June 2016 Financials

Ms. Lacy reviewed the Trust's fund results as of June 2016 making note that out-of-network claims should decrease in 2016-17 with the implementation of the Medicare-Like Rates. She also pointed out that the Trust ended the year with a surplus of \$3,421,580.

Trustee Miller made a motion to approve the March through June 2016 financials, seconded by Alternate Trustee Alcantar and unanimously carried.

5. Discussion and Possible Action re Lien Settlement

Ms. Schulenberg reported that AzMT received a lien proposal from a member involved in a motor vehicle accident who sustained serious injuries. The member is requesting that AzMT waive its lien due to the limited funds available for legal fees and future medical costs. SRP suggested a counter offer of \$5,000 if Trustees are not comfortable waiving the entire lien amount. Mike Hensley, the Trust's legal counsel, explained the Trust's subrogation rights and stated that it would be prudent to ask for a small portion.

Alternate Trustee Reyes made a motion to decline the waiver, seconded by Trustee Temple and unanimously carried.

6. Discussion and Possible Action re Ignite Contract for Website Maintenance

Ms. Schulenberg reported that the AzMT website was recently updated with a new look and new content developed in partnership with Ignite Brand Marketing. Due to the tedious and time-consuming maintenance that is required to keep the website up-to-date. ECA requested a contract from Ignite for monthly maintenance of the website at a fee of \$100/mo. which includes updating items such as vendor changes, plan documents, forms and notices, meeting agendas and minutes, and wellness information.

Alternate Trustee Reyes made a motion to approve the contract once legal counsel has reviewed and approved, seconded by Trustee Miller and unanimously carried.

7. Discussion and Possible Action re 2016-17 Risk Management Plan

Ms. Schulenberg reviewed the draft RMP with Trustees and staff noting the following work goals:

- Ongoing compliance with healthcare reform;

- Marketing;
- Wellness Program;
- Continued Development of a Member Entity Procedure Manual;
- Medical/Rx Reinsurance Review; and
- Annual Renewal Meeting.

Chairperson Powell stated that he likes the document, especially the goals, as it really acts as a business plan for the future. He suggested that the establishment of a reserve policy should be included as work goal; Ms. Schulenberg agreed to add that. Trustees requested a red-lined copy of the document in the future to easily see what changes are made to the document.

Alternate Trustee Reyes made a motion to approve the 2016-17 RMP adding in the Reserve Policy, seconded by Alternate Trustee Lew.

8. Discussion and Possible Action re Pinal County Request for Additional Wellness Funds

This item was pulled from the agenda at the request of Pinal County.

9. Discussion and Possible Action re 2017-18 Renewal Dates and Location

Ms. Schulenberg reminded Trustees that the renewal meeting takes place over two days, during which the upcoming budget is finalized. However, when hosting the meetings in Phoenix, attendees are often late or must leave early to rush back to the office. ECA proposed that Trustees consider an off-site meeting in Tucson February 6-8, 2017. The itinerary would be a welcome dinner Monday evening, full day of meetings on Tuesday and finish up with a Trust meeting on Wednesday. Being out of town will allow the key players to have sole focus on AzMT and enhance the ongoing success of the renewal process.

Chairperson Powell made a motion to approve the renewal meeting in Tucson on February 06 – 08, 2017, seconded by Alternate Trustee Temple and unanimously carried.

10. Discussion and Possible Action re Attendance at AmeriBen Management Conference

Ms. Schulenberg reported that the Trust has authorized one member from each entity to represent AzMT at the AmeriBen Conference for the past four years. AzMT also participates in the President's Council, where two members get to meet with AmeriBen twice per year and provide feedback on how AmeriBen is performing, what they could do better as well as interacting with key management at AmeriBen.

Ms. Schulenberg asked for direction as to how many representatives AzMT would send to the conference and also mentioned that there was some ongoing discussion at the Admin level as to assignment of staff to the President's Council.

Trustee Isom made a motion to send one person per entity, including those that serve on the President's Council, to the AmeriBen Conference; if a member cannot go, ECA is to coordinate the extra spots, seconded by Alternate Trustee Reyes and unanimously carried.

Trustees requested that the discussion concerning the President's Council be brought back for further discussion.

11. Ratification of Reinsurance

Ms. Schulenberg reported to Trustees that as previously authorized, ECA secured reinsurance coverage on behalf of AzMT effective July 01, 2016. Coverage was transitioned to AIG Benefit Solutions at an overall increase of 5%. The specific deductible was maintained at \$240,000 and the aggregating specific deductible remained at \$200,000. There was a savings realized from what was budgeted versus actual of approximately \$97,000 which has been moved to the General Admin line from the Reinsurance lines. Alternate Trustee Reyes requested verification that the reinsurance is net of commission, which ECA confirmed.

Alternate Trustee Lew made a motion to ratify the reinsurance renewal, seconded by Alternate Trustee Reyes and unanimously carried.

12. Medical Claims Update

Tanya Edwards from AmeriBen provided Trustees with an update on changes that are occurring at AmeriBen and introduced Kelly Schoonmaker as AzMT's assigned Account Representative. Ms. Edward then provided a high-level review of the most recent quarter including mobile app update, ID card transition, medical management and recommendations for education to employees.

13. Prescription Claims Update

Laura Phillipson and Bibek Sandhu with Navitus reviewed the quarterly report. Ms. Phillipson reviewed the plan statistics, performance metrics, and network management, while Mr. Sandhu reviewed drug utilization and the specialty drug program.

14. Dental Claims Update

Ann Coupland with Delta Dental reviewed the April 2015 through March 2016 customer service statistics, claims by coverage, dentist selection, PPO usage and fee savings, and cost management savings.

15. Wellness Update

Ms. Schulenberg reminded Trustees that both of ECA's Worksite Wellness Consultants resigned in July and ECA is in the process of finding replacements. Ms. Schulenberg then provided an overview of wellness activities for the most recent quarter:

- Fitbits – 463 Fitbits were distributed for those that participated in an HRA. 183 Fitbits were synced to the AzMT portal and are participating in challenges. ECA is working on programming and messaging to try and garner more participation.

- Step.It.Up Fitbit Challenge – Ended July 31, 2016. 214 members participated in the challenge and exceeded the 5,000 steps a day goal.
- AZ State Park Passes – AzMT purchased 100 passes which were all “snapped” up quickly. The Executive Director from Arizona State Parks sent a letter of thanks for supporting the Parks.
- Cardiac and Organ Screenings are scheduled for August 2016 with 152 appointments so far.
- Step.It.Up Fitbit Program – 2nd Challenge will start in September with a goal to average 7,500 steps per day.
- Flu/Pneumonia/Shingles Vaccinations will be on-site in October.

16. Admin Update

Ms. Schulenberg reported on the following admin items:

- League of Arizona Cities and Towns Meeting – ECA will be hosting a hospitality suite.
- EAP Update – AWP provided an updated utilization report, that was attached for Trustee’s review.
- TelaDoc Update – TelaDoc provided their first report noting that five members used the services in July.
- The City of Maricopa sent a Request for Proposal to join AzMT, however AzMT doesn’t respond to RFPs so Ms. Schulenberg worked with them to complete an application. Results will be presented at an upcoming meeting.

17. Future Agenda Items

Update on Reserve Policy.

18. Set Next Meeting Date

The next meeting is scheduled for October 25, 2016 at 10:00 a.m.

19. Call to the Public

No public was present.

20. Adjourn

The meeting adjourned at 12:11 a.m.

Respectfully Submitted,

Elena Lacy
Recording Secretary