



LITCHFIELD PARK 2024-25 OPEN ENROLLMENT



Litchfield Park

DISCOVER THE PARK

2024-25 Open Enrollment

- Benefits Effective July 01, 2024
- Open Enrollment
 - April 22 through May 03, 2024
 - Add, change or delete current elections (including changing plans, adding or dropping dependents, etc.)
 - Annual election unless Qualified Family Status change during plan year
 - Changes to eligibility must be made within 31 days of the event; if not, must wait until the next annual open enrollment period





2024-25 Benefit Changes

- Medical/Rx
 - Increase In-Network HDHP Deductible and Maximum Out-of-Pocket from \$3,000/\$6,000 to \$3,200/\$6,400
- Wellness
 - Add Sword Digital Physical Therapy and Bloom Pelvic Health Program

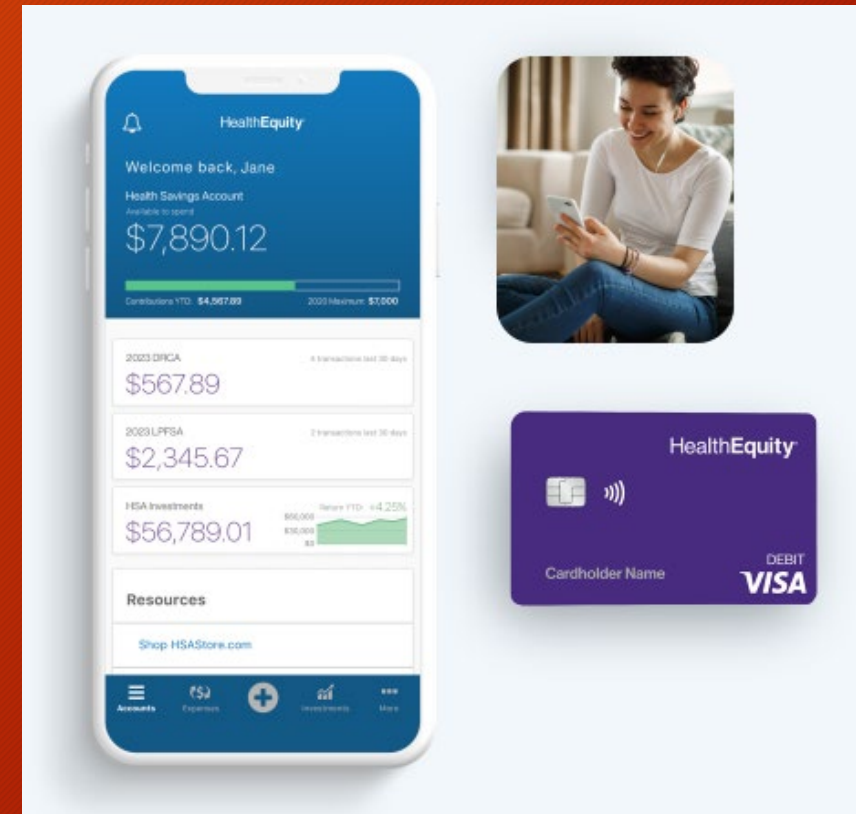
Flexible Spending Accounts (FSA)

- **MUST ENROLL EVERY YEAR!**
 - \$3,200 Maximum Contribution - Medical FSA
 - \$5,000 Maximum Contribution - Dependent Care FSA
 - USE IT OR LOSE IT!



Health Savings Account (HSA)

- Only available with enrollment in the HDHP
- Maximum Contributions
 - 2024 = \$4,150 / \$8,300 (\$1,000 Catch-Up 55+)
- Funds Roll Over Year-to-Year (No Use / Lose)



2024-25 Monthly Medical/Rx Premiums

- AzMT adopted a nominal increase of 4% for 2024-25

	Total Premium	City Contribution	City HSA Contribution	Employee Contribution	Per Pay Period
PPO Base Plan					
EE - Single	\$629.91	\$618.68	N/A	\$11.23	\$5.62
EE + Spouse	\$1,258.15	\$1,161.93	N/A	\$96.22	\$48.11
EE + Child(ren)	\$1,158.40	\$1,076.06	N/A	\$82.34	\$41.17
EE + Family	\$1,706.81	\$1,550.18	N/A	\$156.63	\$78.32
PPO Buy-Up Plan					
EE - Single	\$644.04	\$619.62	N/A	\$24.42	\$12.21
EE + Spouse	\$1,285.37	\$1,163.75	N/A	\$121.62	\$60.81
EE + Child(ren)	\$1,185.40	\$1,077.86	N/A	\$107.54	\$53.77
EE + Family	\$1,749.44	\$1,553.03	N/A	\$196.41	\$98.21
HDHP					
EE - Single	\$577.24	\$569.45	\$100	\$7.79	\$3.90
EE + Spouse	\$1,135.46	\$1,052.71	\$100	\$82.75	\$41.38
EE + Child(ren)	\$1,044.68	\$974.19	\$100	\$70.49	\$35.25
EE + Family	\$1,543.86	\$1,406.35	\$100	\$137.51	\$68.76



Delta Dental of AZ

2024-25 Plan Changes and Monthly Premiums

AzMT was able to enhance benefits and still offer a rate pass for 2024-25.

- Benefit Changes
 - Change Bitewing X-Rays from 2x/Year to 1x/Year
 - Allow 3 Cleanings/Year
 - Add Special Healthcare Needs Program

	Total Premium	City Contribution	Employee Contribution	Per Pay Period
\$2,000 Base Plan (Dependents to Age 19)				
EE - Single	\$40.96	\$40.96	\$0.00	\$0.00
EE + Spouse	\$78.86	\$78.86	\$0.00	\$0.00
EE + Child(ren)	\$88.27	\$88.27	\$0.00	\$0.00
EE + Family	\$130.16	\$130.16	\$0.00	\$0.00
\$4,000 Buy-Up Plan (Dependents to Age 26)				
EE - Single	\$42.41	\$40.96	\$1.45	\$0.73
EE + Spouse	\$81.80	\$78.86	\$2.94	\$1.47
EE + Child(ren)	\$96.07	\$88.27	\$7.80	\$3.90
EE + Family	\$141.80	\$130.16	\$11.64	\$5.82



VSP Vision Plan

2024-25 Vision Plan Changes & Monthly Premiums

- No Benefit Changes
- Slight Premium Increase

	Total Premium	City Contribution	Employee Contribution	Per Pay Period
Base Plan				
EE - Single	\$7.37	\$7.37	\$0.00	\$0.00
EE + Spouse	\$16.12	\$16.12	\$0.00	\$0.00
EE + Child(ren)	\$14.23	\$14.23	\$0.00	\$0.00
EE + Family	\$22.87	\$22.87	\$0.00	\$0.00
Buy-Up Plan				
EE - Single	\$10.58	\$7.38	\$3.20	\$1.60
EE + Spouse	\$23.58	\$16.13	\$7.45	\$3.73
EE + Child(ren)	\$21.86	\$14.24	\$7.62	\$3.81
EE + Family	\$35.46	\$22.88	\$12.58	\$6.29



Employee Assistance Program (EAP)

CuraLinc

- 6 Free Visits per “Issue” per Year
- Family Assist
- Legal Assist
- Safe Ride
- Website: www.supportlinc.com
 - User Name - azmt



Telemedicine

Teladoc (via AmeriBen)

- Telemedicine (phone or video) 24/7/365
- Able to prescribe medications
- General Medicine Consultation Fee
 - PPO and PPO Buy-Up - \$25 (Applies to Deductible)
 - HDHP - \$55 (Applies to Deductible and Maximum Out-of-Pocket)
- Dermatology
 - Send up to 5 photos of areas of concern
 - Response within 48 hours
 - \$85 Consultation Fee
- Nutrition Coaching
 - Registered Dietitians
 - Weight Management, Diabetes, High Blood Pressure, Prenatal Dieting, Etc.
 - \$59 Consultation Fee



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FINANCIAL

Life Insurance

2024-25 Life Insurance Changes

- No Changes
- Update your Beneficiary






2024-25 Wellness

AzMT L.I.V.E.

Early Detection Through Preventive Screenings

- Preventive and early detection screenings are brought onsite to provide members a convenient and timely way to protect their health. Preventive screenings and services brought onsite through the AzMT Wellness Program are covered at 100% for eligible AzMT medical plan members. On-site events include, but not limited to, the following:
- Health Risk Assessment
- Skin Cancer Screenings
- Cardiac and Organ Screenings
- Mammograms
- Flu vaccinations

* Preventive screenings and services are subject to change. Watch for emails and flyers with more details.



The calendar is a grid with 12 months. Each month has a title, a small icon, and a list of activities. The activities are: July (Cardiac & Organ Screenings), August (Cardiac & Organ Screenings), September (Flu Vaccinations), October (Mammography Screenings, Flu Vaccinations), November (Mammography Screenings, Behavior Change Seminar), December (Health Risk Assessments), January (Health Risk Assessments), February (Health Risk Assessments), March (Health Risk Assessments), April (Skin Cancer Screenings), May (Skin Cancer Screenings), June (Behavior Change Seminar).

L.I.V.E. AzMT Live In Vitality Everyday				2024-25 WELLNESS PROGRAM CALENDAR			
July Join virginpulse.com/azmt Cardiac & Organ Screenings	AUGUST Cardiac & Organ Screenings	SEPTEMBER Flu Vaccinations	OCTOBER Mammography Screenings Flu Vaccinations				
NOVEMBER Mammography Screenings Behavior Change Seminar	DECEMBER	JANUARY HAPPY NEW YEAR!	FEBRUARY Health Risk Assessments				
MARCH Health Risk Assessments	APRIL Skin Cancer Screenings	MAY Skin Cancer Screenings SPF	JUNE Behavior Change Seminar				

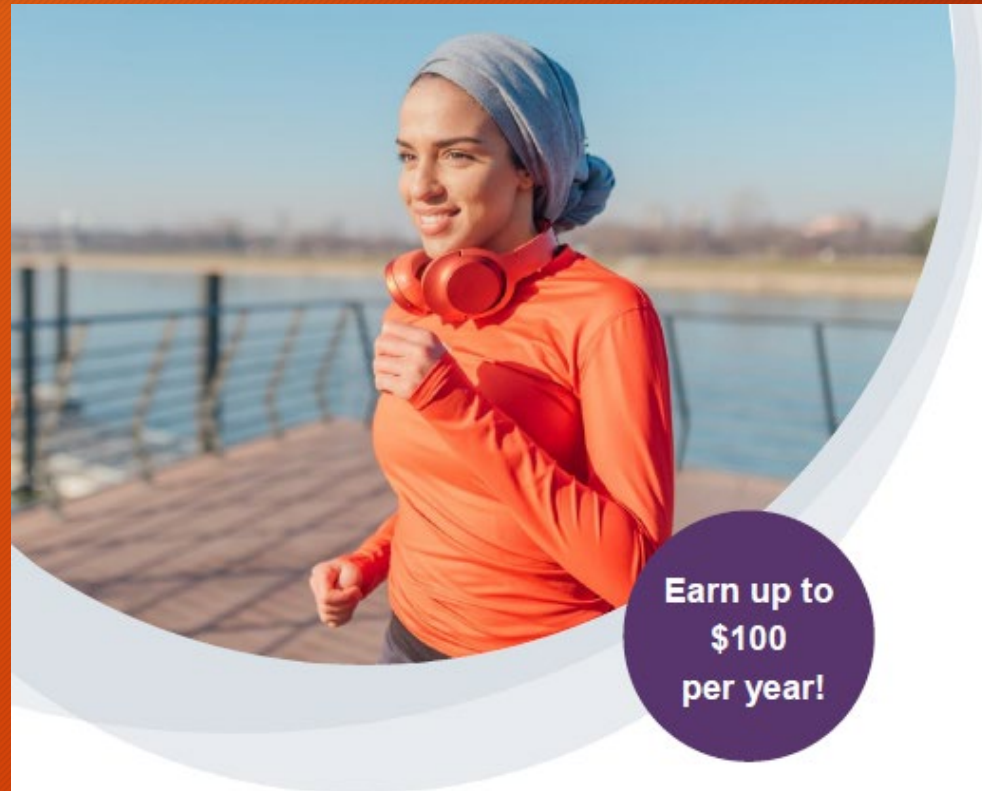
- Preventive screenings and services are subject to change. Watch for emails and flyers with more details.
- Preventive screenings and services brought onsite through the AzMT Wellness Program are covered 100% for eligible AzMT medical benefit plan members.
- For questions, contact Kingman.GBS.ArizonaMetropolitanTrusteajg.com.

Virgin Pulse

Wellness Portal Through Virgin Pulse

Virgin Pulse is a wellness portal designed to help you track your healthy habits, create new ones, learn about health topics that are important to you, and much more! By engaging in the portal, you earn points that can be redeemed for big rewards.

- Healthy Habit Tracking
- Daily Cards
- Health Guides
- Health Journeys
- Personal challenges
- Team Challenges
- REWARDS!



Earn up to
\$100
per year!



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Start your wellbeing journey today

The Virgin Pulse wellbeing program through AzMT makes it easy to improve your health in ways that work for you.

Join today!

join.virginpulse.com/azmt

Scan the QR code
with a smartphone to
download the app:



Digital Physical Therapy

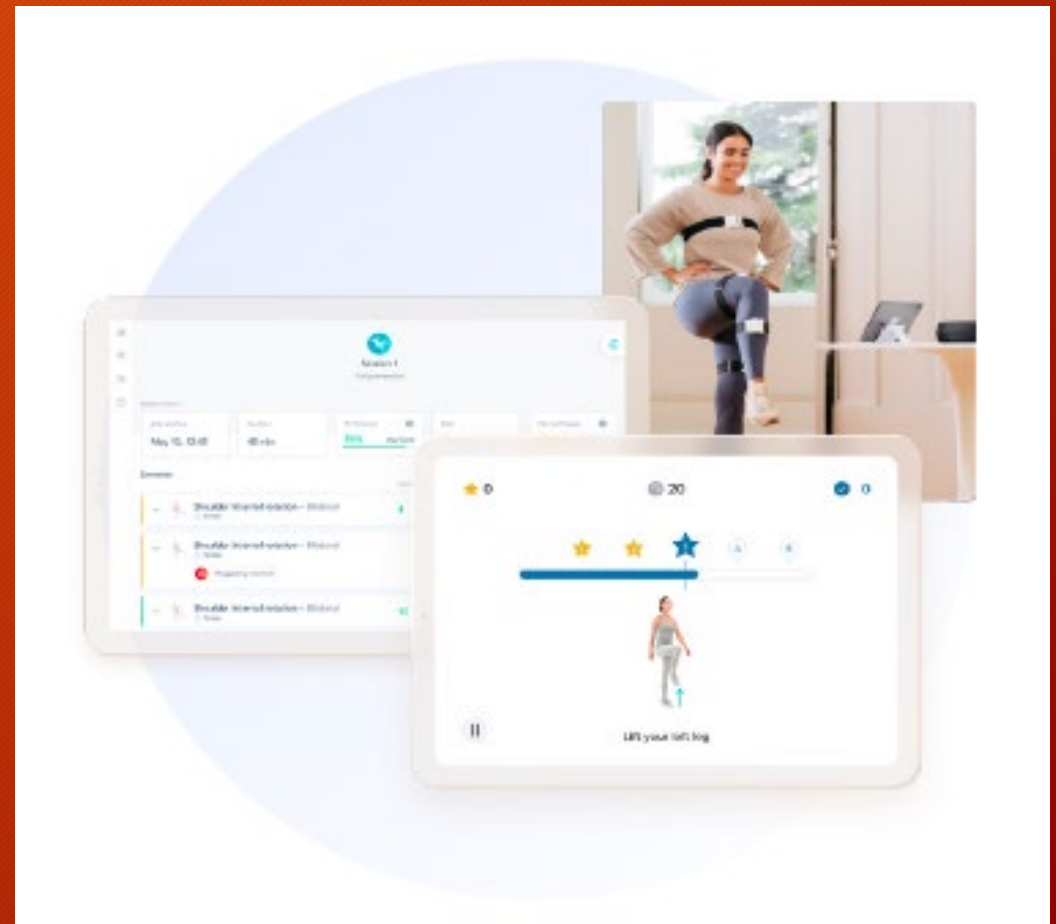
Sword Health

Digital Physical Therapy

Movement is medicine. Sword uses sensor technology to deliver a physical therapy program that can be done anywhere, anytime. All the movement data is then shared with your paired physical therapist, who adapts the program based on actual performance.

Bloom

Bloom is a new, digital pelvic-therapy solution that can help women who have suffered from urinary leaking, bowel disorders, pelvic pain, and more. Bloom can be for women in all stages of life including pregnancy, postpartum and menopause.

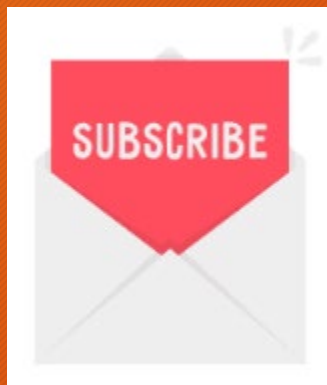


Stay Informed

Monthly Wellness Newsletter

Each month AzMT offers a free digital wellness newsletter that includes health information and upcoming events in the L.I.V.E. wellness program.

Opt-in to the newsletter by scanning the QR code. Members can sign up with the email of their choice.



Text Message Notifications

Text messages are sent out as reminders for upcoming on-site screenings and services. Text AzMTwellness to 844-539-1233 to opt in!



What's Next

- Every employee **MUST** enroll for benefits during this Open Enrollment period, or you will not have coverage effective July 01, 2024
- You must enroll in the FSA annually
- You are not required to re-enroll in the HSA, however, it is recommended that you review your contribution amounts to ensure they reflect your needs (HDHP Plan Only)
- NEW ID CARDS for HDHP
- Revised Summary Plan Documents (SPDs) and Summaries of Benefits & Coverage (SBCs) - Will be Mailed

ENROLL OR MAKE CHANGES USING THE ENROLLMENT PROCESS AVAILABLE THROUGH YOUR EMPLOYER BY 5:00PM ON MAY 03, 2024. IF YOU HAVE ANY QUESTIONS PLEASE CONTACT HUMAN RESOURCES AT 623.935.5041.

Questions?

- Contact Jaime Schulenberg, AzMT's Pool Administrator, at:
 - Jaime_Schulenberg@ajg.com
 - 928.391.2297
- Or any of the vendors who provide services to the Plan(s)!