

WELCOME!

- UPON JOINING THE MEETING,
PLEASE MUTE
 - SPEAKER ON YOUR COMPUTER
 - MICROPHONE ON YOUR COMPUTER
 - YOUR PHONE



CITY OF EL MIRAGE 2024-25 OPEN ENROLLMENT



2024-25 Open Enrollment

- Benefits Effective July 01, 2024
- Open Enrollment
 - April 10 through April 24, 2024
 - Add, change or delete current elections (including changing plans, adding or dropping dependents, etc.)
 - Annual election unless Qualified Family Status change during plan year
 - Changes to eligibility must be made within 31 days of the event; if not, must wait until the next annual open enrollment period





2024-25 Medical/Rx Benefit Changes



- Medical/Rx
 - Increase In-Network HDHP Deductible and Maximum Out-of-Pocket from \$3,000/\$6,000 to \$3,200/\$6,400
- Wellness
 - Add Sword Digital Physical Therapy and Bloom Pelvic Health Program

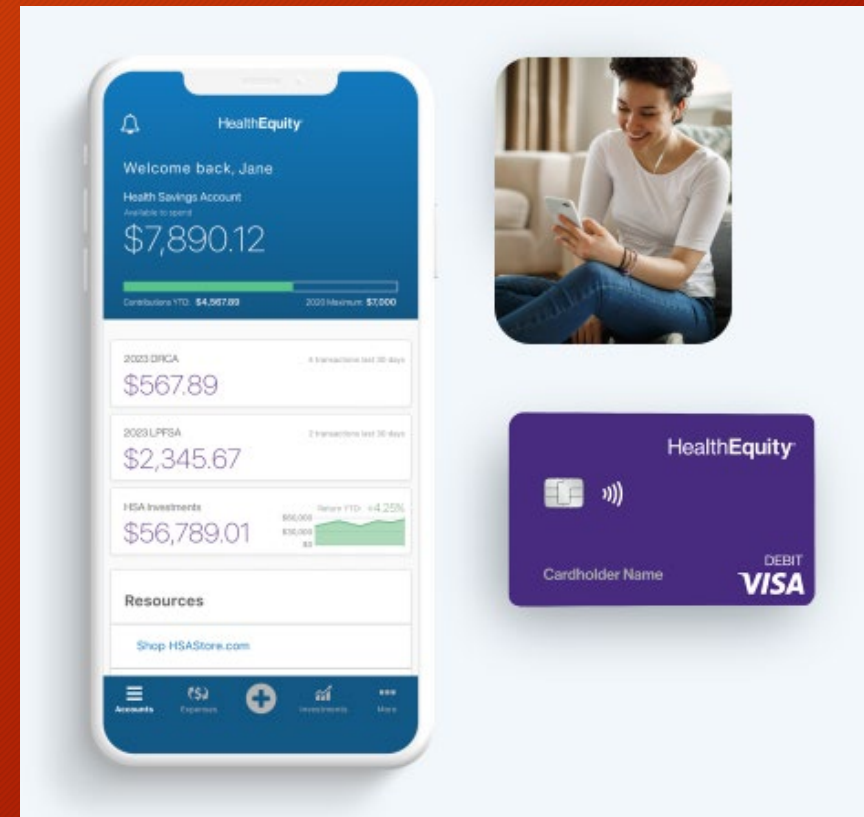
Flexible Spending Accounts (FSA)

- **MUST ENROLL EVERY YEAR!**
 - \$3,200 Maximum Contribution - Medical FSA (Increase of \$150 from 2023)
 - \$5,000 Maximum Contribution - Dependent Care FSA
 - USE IT OR LOSE IT!



Health Savings Account (HSA)

- Only available with enrollment in the HDHP
- Maximum Contributions
 - 2024-25 = \$4,150 / \$8,300 (\$1,000 Catch-Up 55+)
- Funds Roll Over Year-to-Year (No Use It / Lose It)



2024-25 Medical/Rx Premiums

	2023-24 Premium	2024-25 Premium	Difference	Employee Cost	Difference
HDHP					
Employee Only	\$549.30	\$571.27	\$21.97	\$0.00	\$0.00
Employee+Family	\$1,336.76	\$1,390.23	\$53.47	\$130.94	\$5.04
EPO					
Employee Only	\$628.21	\$653.34	\$25.13	\$35.84	\$1.38
Employee+Family	\$1,558.53	\$1,620.87	\$62.34	\$361.58	\$13.91
PPO					
Employee Only	\$599.75	\$623.74	\$23.99	\$6.24	\$0.24
Employee+Family	\$1,481.33	\$1,540.58	\$59.25	\$281.29	\$10.82
PPO Buy-Up					
Employee Only	\$613.15	\$637.68	\$24.53	\$20.18	\$0.78
Employee+Family	\$1,517.68	\$1,578.39	\$60.71	\$319.10	\$12.28



Delta Dental of AZ

2024-25 Plan Changes

AzMT was able to enhance benefits and still offer a rate pass for 2024-25.

- Benefit Changes
 - Change Bitewing X-Rays from 2x/year to 1x/year
 - Allow 3 Cleanings/year
 - Add Special Healthcare Needs Program

	2023-24 Premium	2024-25 Premium	Difference	Employee Cost	Difference
Basic Plan					
Employee Only	\$40.96	\$40.96	\$0.00	\$0.00	\$0.00
Buy-Up Plan					
Employee Only	\$42.41	\$42.41	\$0.00	\$1.45	\$0.00
Employee+Spouse	\$81.80	\$81.80	\$0.00	\$12.25	\$0.00
Employee+Child(ren)	\$96.07	\$96.07	\$0.00	\$16.53	\$0.00
Employee+Family	\$141.80	\$141.80	\$0.00	\$30.25	\$0.00



VSP Vision Plan

2024-25 Vision Plan Changes

- No Benefit Changes
- Slight Premium Increase

	2023-24 Premium	2024-25 Premium	Difference	Employee Cost	Difference
Basic Plan*					
Employee Only	\$7.31	\$7.37	\$0.06	\$7.37	\$0.06
Buy-Up Plan*					
Employee Only	\$10.51	\$10.58	\$0.07	\$10.58	\$0.07
Employee+Spouse	\$23.51	\$23.58	\$0.07	\$23.58	\$0.07
Employee+Child(ren)	\$21.79	\$21.86	\$0.07	\$21.86	\$0.07
Employee+Family	\$35.39	\$35.46	\$0.07	\$35.46	\$0.07



Employee Assistance Program (EAP)

SupportLinc

- 6 Free Visits per “Issue” per Year
- Family Assist
- Legal Assist
- Safe Ride
- Website: www.supportlinc.com
 - User Name - azmt



Telemedicine

Teladoc (via AmeriBen)

- Telemedicine (phone or video) 24/7/365
- Able to prescribe medications
- General Medicine Consultation Fee
 - EPO - \$20 (Applies to Deductible)
 - PPO and PPO Buy-Up - \$25 (Applies to Deductible)
 - HDHP - \$55 (Applies to Deductible and Maximum Out-of-Pocket)
- Dermatology
 - Send up to 5 photos of areas of concern
 - Response within 48 hours
 - \$85 Consultation Fee
- Nutrition Coaching
 - Registered Dieticians
 - Weight Management, Diabetes, High Blood Pressure, Prenatal Dieting, Etc.
 - \$59 Consultation Fee



securian
FINANCIAL

2024-25 Life Insurance

2024-25 Life Insurance Changes

- No Changes
- Update your Beneficiary
- If you would like to apply for Supplemental Life or make any changes to your coverage, please see HR for the paperwork!






2024-25 Wellness

AzMT L.I.V.E.

Early Detection Through Preventive Screenings

- Preventive and early detection screenings are brought onsite to provide members a convenient and timely way to protect their health. Preventive screenings and services brought onsite through the AzMT Wellness Program are covered at 100% for eligible AzMT medical plan members. On-site events include, but not limited to, the following:
- Health Risk Assessment
- Skin Cancer Screenings
- Cardiac and Organ Screenings
- Mammograms
- Flu vaccinations

* Preventive screenings and services are subject to change. Watch for emails and flyers with more details.



The calendar is a 4x4 grid of monthly wellness events. Each cell contains a month name, an icon, and a brief description of the event. The events are: July (Cardiac & Organ Screenings), August (Cardiac & Organ Screenings), September (Flu Vaccinations), October (Mammography Screenings, Flu Vaccinations), November (Mammography Screenings, Behavior Change Seminar), December (Health Risk Assessments), January (Health Risk Assessments), February (Health Risk Assessments), March (Health Risk Assessments), April (Skin Cancer Screenings), May (Skin Cancer Screenings, SPF), and June (Behavior Change Seminar).

L.I.V.E. AzMT Live In Vitality Everyday				2024-25 WELLNESS PROGRAM CALENDAR			
July Cardiac & Organ Screenings	AUGUST Cardiac & Organ Screenings	SEPTEMBER Flu Vaccinations	OCTOBER Mammography Screenings Flu Vaccinations	NOVEMBER Mammography Screenings Behavior Change Seminar	DECEMBER Health Risk Assessments	JANUARY Health Risk Assessments	FEBRUARY Health Risk Assessments
MARCH Health Risk Assessments	APRIL Skin Cancer Screenings	MAY Skin Cancer Screenings SPF	JUNE Behavior Change Seminar				

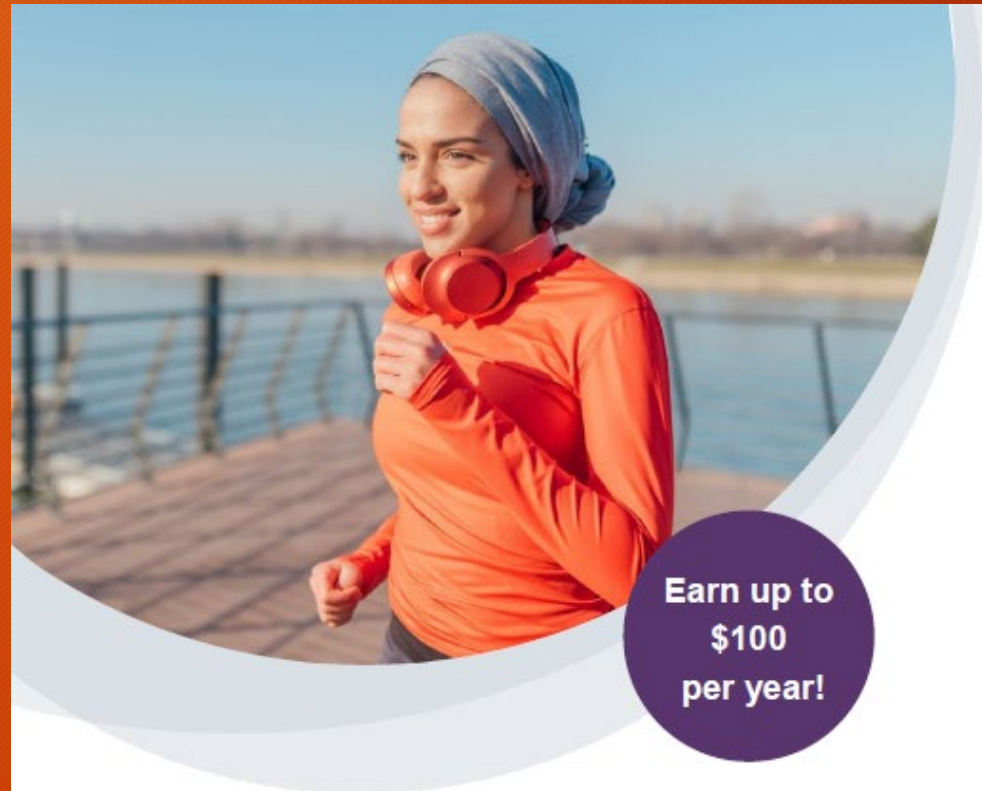
- Preventive screenings and services are subject to change. Watch for emails and flyers with more details.
- Preventive screenings and services brought onsite through the AzMT Wellness Program are covered 100% for eligible AzMT medical benefit plan members.
- For questions, contact Kingman.GBS.ArizonaMetropolitanTrusteajg.com.

Virgin Pulse

Wellness Portal Through Virgin Pulse

Virgin Pulse is a wellness portal designed to help you track your healthy habits, create new ones, learn about health topics that are important to you, and much more! By engaging in the portal, you earn points that can be redeemed for big rewards.

- Healthy Habit Tracking
- Daily Cards
- Health Guides
- Health Journeys
- Personal challenges
- Team Challenges
- REWARDS!



Earn up to
\$100
per year!



© Virgin Pulse 2022

Start your wellbeing journey today

The Virgin Pulse wellbeing program through AzMT makes it easy to improve your health in ways that work for you.

Join today!

join.virginpulse.com/azmt

Scan the QR code
with a smartphone to
download the app:



Digital Physical Therapy

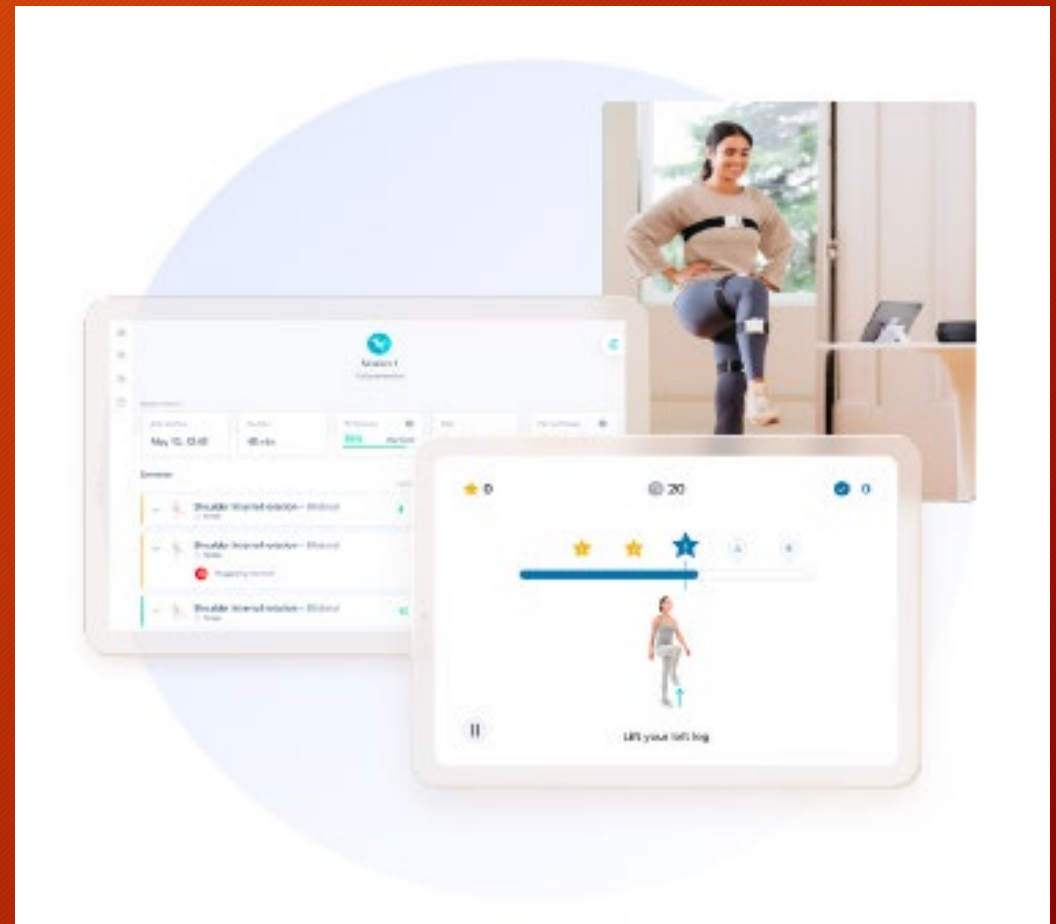
Sword Health

Digital Physical Therapy

Movement is medicine. Sword uses sensor technology to deliver a physical therapy program that can be done anywhere, anytime. All the movement data is then shared with your paired physical therapist, who adapts the program based on actual performance.

Bloom

Bloom is a new, digital pelvic-therapy solution that can help women who have suffered from urinary leaking, bowel disorders, pelvic pain, and more. Bloom can be for women in all stages of life including pregnancy, postpartum, menopause and postmenopause.

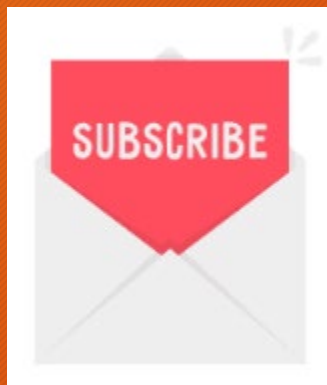


Stay Informed

Monthly Wellness Newsletter

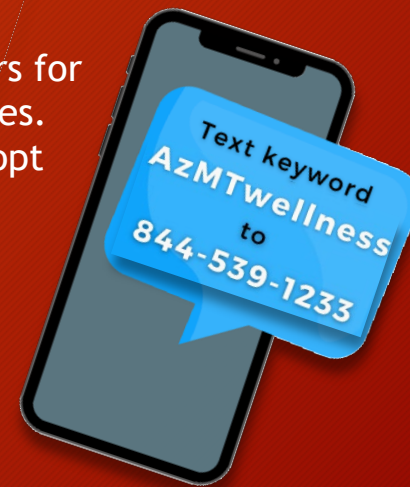
Each month AzMT offers a free digital wellness newsletter that includes health information and upcoming events in the L.I.V.E. wellness program.

Opt-in to the newsletter by scanning the QR code. Members can sign up with the email of their choice.



Text Message Notifications

Text messages are sent out as reminders for upcoming on-site screenings and services. Text AzMTwellness to 844-539-1233 to opt in!





2024-25 AFLAC

Aflac

Any changes to Aflac must be made by contacting Maryalyce Skree and must be completed by 5:00 p.m. on April 24, 2024. Plan information and online appointment scheduler may be accessed at: <https://www.aflac.com/enrollment/CityofElMirage/JC6033048840>



CA Insurance license #OK14382

Maryalyce Skree

Benefits Advisor

708-250-0538 (cell)
602-428-7310 (fax)
maryalyce_skree@us.aflac.com

13418 W Hyacinth Dr
Sun City West, AZ 85375

What's Next

- You **MUST** Enroll Online
 - Even if you are **NOT** making changes!
- Summary Plan Documents (SPDs) and Summaries of Benefits & Coverage will be mailed
- New ID Cards for HDHP

**ENROLLMENT MUST BE COMPLETED BY 5:00 P.M. ON
APRIL 24, 2024**

Questions?

- Contact Human Resources OR
 - Jaime Schulenberg, AzMT's Pool Administrator, at:
 - Jaime_Schulenberg@ajg.com
 - 928.391.2297
 - Or any of the vendors who provide services to the Plan(s)!